



Emmanuel  
LUTHERAN CHURCH & PRESCHOOL

## OUR LENTEN JOURNEY: A Questioning Faith

FEBRUARY 17 - APRIL 2

### LENTEN 40 DAYS OF ACTS OF SERVICE

1. Go on a trash walk and help clean up your neighborhood
2. Get a pail at the Dollar Store
3. Pray before you eat every meal
4. Bring your trash collectors some cookies or write a note of thanks
5. Sweep the driveway or shovel the walk of a neighbor
6. Leave something special for your mail carrier
7. Put hand sanitizer in your bucket
8. Bake something for a neighbor
9. Tell your teacher, boss or co-worker how much you appreciate them
10. Make dinner for your family or a loved one
11. Add dish soap to your bucket
12. Mail a card to a relative or friend
13. Hang a birdseed treat on a tree for the birds
14. Make breakfast for people who live with you
15. Put some sponges in your bucket
16. Give away a book from your bookshelf with a note on it
17. Say a prayer for people who work at the hospital or send them a card
18. Read a Bible story and tell someone about it
19. Give away a toy or unused item from your home
20. Go through your coat closet and drop off coats at the Lamb Center
21. Put a container of garbage bags in your bucket
22. Bring a plant or flower to someone
23. Empty the dishwasher
24. Send Pastor Lydia an email and photo of people in your household
25. Make two people laugh today
26. Put a non-bleach disinfectant in the bucket
27. Send a kind text to three people
28. Send a text to Pastor Tony
29. Drop your bucket with items in it at church sometime this week
30. Smile at everyone you see today
31. Write down ten things you are grateful for
32. Dance to your favorite song
33. Share music with someone. Tell them why you like that song.
34. Find a prayer you like and send it to people in an email
35. Send a note of appreciation to your local fire station
36. Tell your parents how much you appreciate them
37. Teach a game to people in your home or on zoom
38. Learn a new talent or craft and show it to someone
39. Go for a walk and notice all the things God has created
40. Write a prayer thanking God for Jesus showing us how to live